Year 6 Multi Sport

**Date:** Tuesday 27th September 2022

**Time:** 16:00-18:00

**Venue:** The Orchard Primary School, Gammons Lane, Watford, WD24 5JW

**Teams**: Girls team x 6, Boys team x 6

**Target group**: Aspire & Develop

**Format**: Sport activities include: Boys Badminton (School Hall), Boys Basketball (Playground), Girls Table Tennis (Playground), Girls Football (Field). Girls and Boys teams will be organised into two groups of 4 teams. Each group will complete one of the sports and then swap so teams have the opportunity to take part in both sports per gender.

**Boys Badminton**

**Format:** Rally Challenge - Within the team of 6, children play in pairs to score their best rally in a set time i.e. 1 minute to make as many consecutive shots as possible. Best rally scores for each pair are added together to give a total team score.

**Girls Table Tennis**

**Format:** Rally Challenge - Within the team of 6, children play in pairs to score their best rally in a set time i.e. 1 minute to make as many consecutive shots as possible. Best rally scores for each pair are added together to give a total team score.

**Boys Basketball**

**Format:** Round Robin Competition (4 teams per group) - 3 aside (1 court), half court timed games with rolling substitutions. Baskets scored = 2 points, tied game = free throw shootout.

**Girls Football**

**Format:** Round Robin Competition (4 teams per group) - 5 aside (2 pitches), timed games with rolling substitutions.