



2022

# Pupil Activity Booklet Sample

## The Commonwealth Games



This booklet belongs to:

---

Class: \_\_\_\_\_

Teacher: \_\_\_\_\_



# 2022 Commonwealth Games

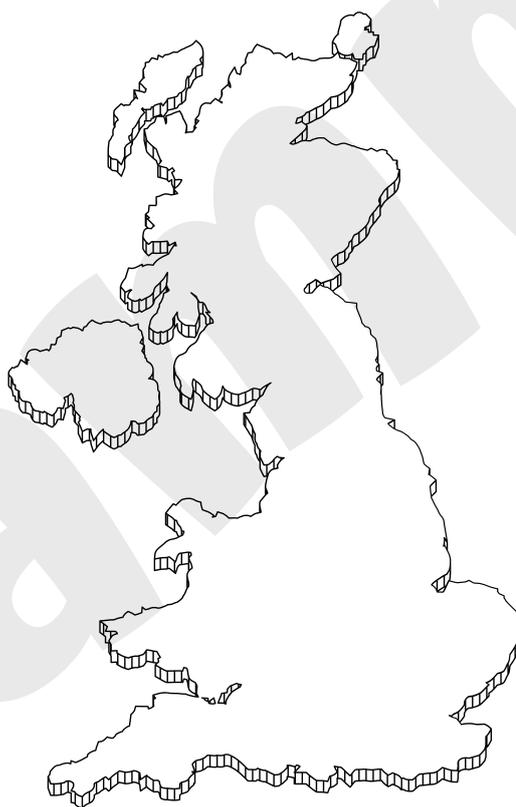
**Task 1:** Decode the hidden message below.

b	e	g	h	i	l	n	o	p	r	s	t
8	3	11	6	14	5	17	12	15	9	18	4

18 15 12 9 4
8 9 14 17 11 18
15 3 12 15 5 3
4 12 11 3 4 6 3 9

**Task 2:**

- On the map below colour and label where you live.
- Next colour and label where the 2022 Commonwealth Games is being held.



**Challenge:** How many different cities in England can you name below or label on the map?

---



---



---



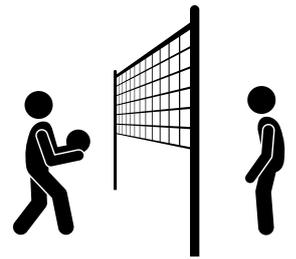
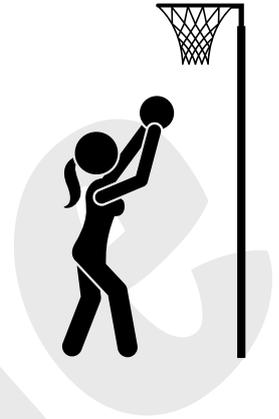
---



# 2022 Commonwealth Games Events

The Commonwealth Games is a chance to look at how awesome the human body is and what it can do. This year's Commonwealth Games will include 19 different sports and more than 250 events.

**Task 1:** Name the different sport pictures.



**Challenge:** Name as many different athletic events as you can.

---

---

---

---



# The Commonwealth Games Values

Meet this year's Commonwealth Games mascot Perry. Perry is a friendly, kind and cheeky bull.

 **Task 1:** Write or draw an animal in the box that you think could represent you.

 **Challenge:** Explain why you used this animal.

---



---



---



---

 **Task 2:** Read the text below and underline words you think are important.



Although we are all different, we are all special and equal.

The Commonwealth encourages countries to care about human rights, which means ensuring that people are treated fairly and enjoy basic freedoms.

The Commonwealth Games are about giving all people from different cultures and backgrounds, a fair opportunity to compete.

This year's Games has the largest number of female and para-sports events in the history of the Games.

Para-sports are sports played by people with a disability, including physical and intellectual disabilities.



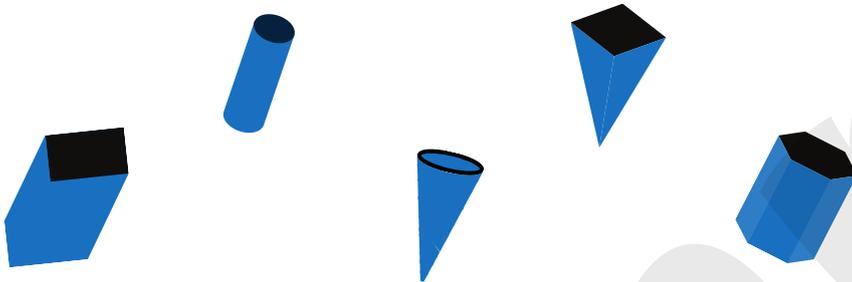
# The Queen's Relay Baton

The Queen's Baton Relay is a relay around the world held prior to the beginning of the Commonwealth Games. The Baton carries a message from the Queen around the different Nations that are a part of the Commonwealth.

 **Task 1:** Create a class relay baton that will travel around the different classes in your class carrying your hidden message.

## Plan your class baton

Circle what shape you want to make your baton or draw your own



**What material or objects do you want to use?**

Here are some ideas you can tick or write your own in the box

- Cardboard
- Plastic bottles
- Paper
- Straws
- Beads

**What motivational hidden message will you put into your baton?**

---



---



---



---



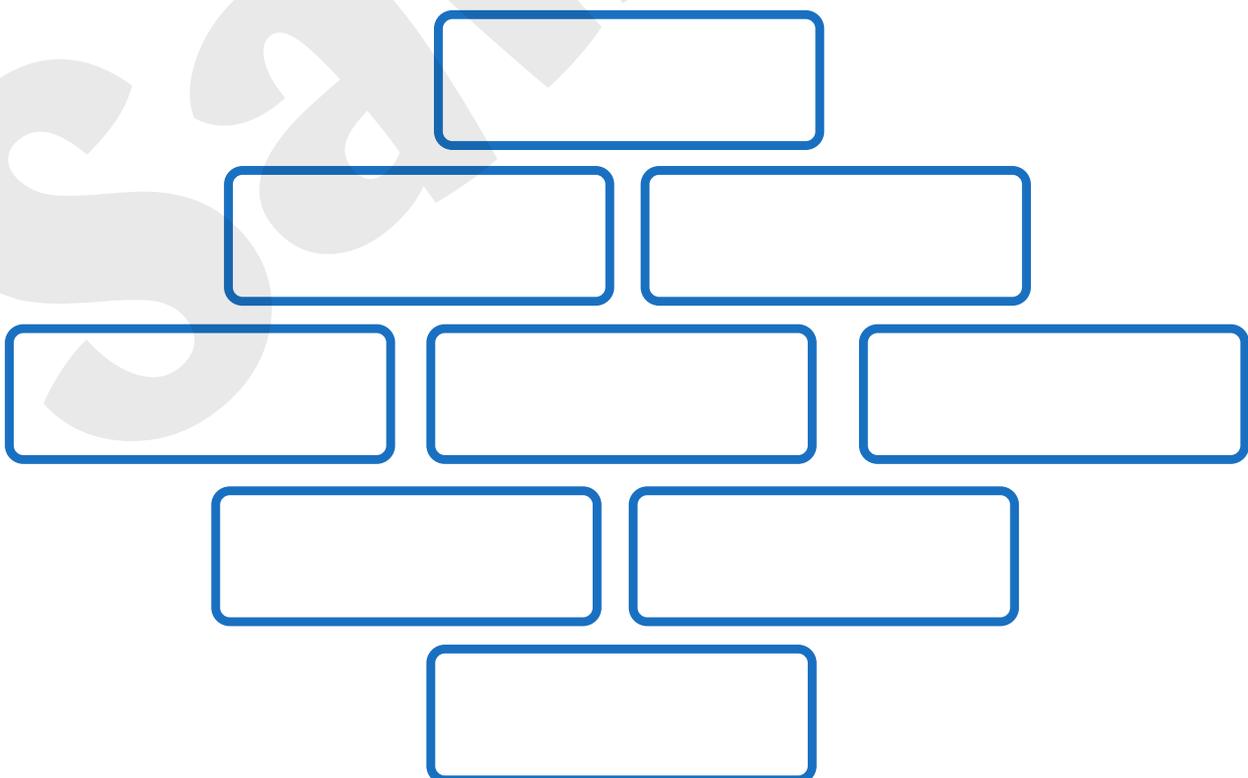
# Inspiring the Next Generation

The Commonwealth Games is an amazing opportunity to inspire young people to participate in a variety of different sports.

 **Task 1:** As a class create a list of nine or more things you think it takes to become an athlete.

Blank area for writing the list of nine or more things it takes to become an athlete.

 **Task 2:** Add these words into the diamond diagram. Put what you think the most important qualities are at the top and the least important at the bottom.



2022 Commonwealth Games

**What flags do you recognise?**



Teaching Health and Wellbeing

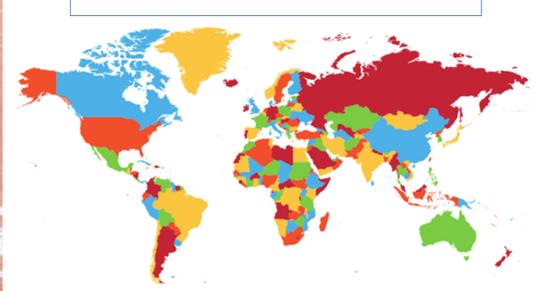
2022 Commonwealth Games

**Countries that make up the Commonwealth**



Can you recognise any countries?

The Commonwealth is a family of **54 countries**. It includes countries from Africa, Asia, South America, Europe and Australasia.



Teaching Health and Wellbeing

2022 Commonwealth Games

**What events are in the Commonwealth Games?**



How many different Commonwealth sports or events do you think you could name?



There are **19 different sports** and **250 events** that are included in this year's Commonwealth Games.

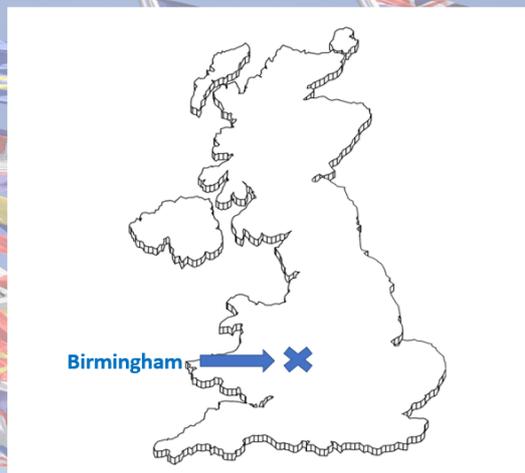
Teaching Health and Wellbeing

Let's look at where Birmingham is

**Task 2:**

- On the map in your booklet colour and label where you live.
- Then colour and label where the 2022 Commonwealth Games is being held.

**Challenge:** How many different cities in England can you name or label on the map?

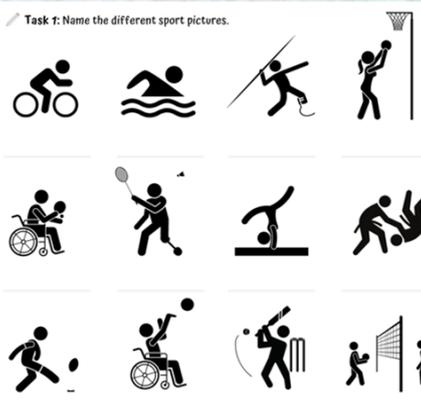


**Task 1:** In your booklets name the different sport pictures.

You can use some of the words below to help you.

- |                   |                     |
|-------------------|---------------------|
| <b>Badminton</b>  | <b>Swimming</b>     |
| <b>Athletics</b>  | <b>Table Tennis</b> |
| <b>Gymnastics</b> | <b>Judo</b>         |
| <b>Basketball</b> | <b>Volleyball</b>   |

**Challenge:** In your booklets name as many different athletic events as you can.



2022 Commonwealth Games



What do you think it takes to be an athlete?

**Task 2:** Add these words into the diamond diagram. Put the most important qualities at the top and the least important at the bottom.

